



YOU RUN SO THEY CAN FLY

CHILDREN'S TLC GROUNDHOG RUN 5k 8:00 10k 10:00 SUNDAY JANUARY 27

Frequently Asked Questions

Q Where does the run take place?

A At the Hunt Midwest SubTropolis located at 8300 NE Underground Drive, Kansas City, MO 64161.

Q Where and when is packet pickup?

A Packet pickup is located inside Ward Parkway Mall (8600 Ward Parkway, KCMO 64114). It will take place on:

- Friday, January 25th from 12:00 p.m. – 7:00 p.m.
- Saturday, January 26th from 9:00 a.m. – 2:00 p.m.

Q Can I pick my packet up on race day?

A Pick up prior to race day is preferred, but race day packet pickup will be available at the Hunt Midwest SubTropolis beginning at 7:00 am.

Q Where should I park on race day?

A Parking will be available in the Ameristar Parking lot, which is located directly across 210 Highway from the entrance of Hunt Midwest. Specific information will be available at packet pickup and on the registration website closer to the race. Parking volunteers will be outside directing you on race day.

Q Where does the course go?

A The course is underground in Hunt Midwest's business park. A detailed race map will be posted prior to the race and will be available for viewing at packet pickup.

Q Where does the course start/finish?

A The course starts and finishes underground close to the main entrance of the Hunt Midwest SubTropolis.

Q Can I switch from the 5K to the 10K, or vice-versa?

A You may switch from one race to another at packet pickup on January 25th and 26th. There will be a charge of \$4.00 to switch from the 5K to the 10K due at time of switch. You will not get a refund of any kind if you switch from the 10K to the 5K.

Q Can I walk the 5K/10K instead?

A You can walk the 5K only, and will need to register for the RED WAVE.

Q What if there is bad weather?

A The race will take place snow or shine as the weather doesn't affect the course. The course will stay in the mid 60's no matter what the temperature is outside. Please use your best judgment and be cautious if driving conditions are poor.

Q Do I have to register online?

A No, you can register offline by phone or mail. By phone, contact Stephanie Sheldon at 816-756-0780 x2105. Mail-in registrations will only be accepted if postmarked before January 18, 2013, and are subject to be declined if the race is sold out. You can download a printable version at www.groundhogrun.org or you can visit your local Garry Gribbles Running store for a registration form. The race sells out every year (4,000 runner limit) so please be sure to secure your spot early.



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Q What if my name, age, or gender is incorrect on my registration confirmation?

A If your runner information shows as incorrect, please let Children's TLC know by contacting Stephanie Sheldon at ssheldon@childrenstlc.org or 816-756-0780 x2105. Corrections can also be made at packet pick-up on January 25th or 26th.

Q Can I bring a baby stroller?

A No. Baby strollers are not allowed on the course and are discouraged on the sidelines. We are looking out for the best interest and safety of your child and the other participants.

Q Can I wear headphones?

A Yes, you can wear headphones on the course.

Q Can I bring my dog and/or wear rollerblades?

A No. Due to the nature of the course we do not allow dogs or rollerblades for safety reasons.

Q What if I get injured prior to the race; can I get a refund?

A As stated in the waiver, no refunds will be issued. The Groundhog Run is Children's TLC's largest and longest-standing fundraiser. All money goes directly to the children with special needs served through the agency's programs.

Q I registered but can't participate; can I still pick up my packet?

A Yes, you may still pick up your packet if you are unable to participate. The race sells out every year, so if you are unable to run, please let us know ASAP so we can give your spot to someone else.

Q I registered but can't participate; can I transfer my registration to next year or give it to a friend?

A As stated in the waiver, your registration cannot transfer to next year, and no runner substitutions are allowed.

Q Since I cannot get a refund, can I get a receipt showing my tax-deductible donation instead?

A If you are not running and do not want to pick up your packet, we are happy to provide a tax deductible receipt for your entry fee. This will take the place of your runner packet. If you fundraise, you are still eligible for all incentives you earn.

Q I want to volunteer, who should I talk to?

A Volunteers are definitely needed – we couldn't manage the race without the generous gift of their time. Please [click here](#) to get more information.

Q Can a friend or family member pick up my packet?

A Yes, a friend or family member can pick up your packet as long as they have your confirmation email with them. Otherwise, you can pick up your packet at Hunt Midwest on race day beginning at 7am.

Q Registration asks for an emergency contact, is this mandatory?

A Yes, emergency contact information is mandatory. We also recommend that you write it on the back of your race bib in the space provided. Please put a reliable contact that is not running in the race



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Q Will my cell phone receive a signal on race day?

A Your cell phone will most likely not receive service when you are underground at Hunt Midwest. Please keep this in mind, especially if your emergency contact will be watching and/or volunteering on race day.

Q What I am supposed to do with my timing chip?

A Your timing chip will provide accurate finish results if you place it properly. It is important that you attach it to one of your running shoes on race day to ensure it works. Please ask for assistance if you haven't used a timing chip in the past. A volunteer will remove the chip from your shoe after you cross the finish line. If you pick up your packet, but are not running the race, please return your timing chip to a staff member or in the bin provided.

Q I am traveling in from out of town for the race. Is there a hotel nearby?

A There are several hotels close to Hunt Midwest. We will be partnering with a hotel to provide discounted rooms. We will post the information at www.groundhogrun.org as soon as it is available.

Q What is Children's TLC?

A Children's Therapeutic Learning Center, commonly known as Children's TLC, is located in Kansas City at 31st and Main and has been working in the greater Kansas City area since 1947. Children's TLC works with young children with disabilities, developmental delays, and fragile medical conditions to provide educational and therapeutic services in an environment that fosters their independence and celebrates their successes.

Q How can I raise money for Children's TLC beyond my race entry fee?

A You can start a fundraising page and ask your friends and family to help raise funds to support the children we serve. [Click here](#) for more information on how to begin.

Q Are there fundraising incentives?

A Yes! You will receive incentives just for meeting fundraising milestones. [Click here](#) for a complete list of incentives and to begin.